

Hollandaise

dishes below are topped with hollandaise sauce,
served on an English muffin & come with fresh fruit and homefried potatoes
Choice of Panorama or Thomas' English muffin

EGGS BENEDICT...poached eggs & ham...14.50

EGGS CANADIAN...poached eggs & smoked pork loin ...14.50

EGGS BLACKSTONE...poached eggs, applewood bacon & tomato ...15.50

EGGS BRADY...poached eggs & smoked salmon on English muffin...14.50

EGGS FLORENTINE...poached eggs & spinach on English muffin...13.50

Hollandaise sauce may contain eggs less than thoroughly cooked per CA code 114 004

Breakfast Specialties

CORNED BEEF HASH...Niman Ranch corned beef brisket with potato, onion, bell pepper, topped with poached egg served with fruit & toast...13.75

HUEVOS RANCHEROS or TOFU RANCHEROS...with Spanish sauce, beans, cheese & tortillas...10.95

BREAKFAST BURRITO...scrambled eggs or tofu with green chile, beans, Spanish sauce & jack cheese in a chipolte or spinach tortilla...10.95

CATFISH & EGGS...sautéed U.S. farmed catfish and eggs, served with homefried potatoes or grits, fresh fruit & choice of toast ...15.50

TOFU SCRAMBLE...served with homefried potatoes or grits, fresh fruit & choice of toast ...10.50

VEGGIE JOE...Morning Star veggie links, spinach, crimini mushrooms, tomato, N.Y. sharp cheddar & scrambled eggs with potatoes, toast & fruit...13.50

CROQUE MONSIEUR...open face ham & Gruyère with dijon on grilled Acme...11.50

CROQUE MADAME...as above with over easy egg on top...12.50

FRIED EGG SANDWICH...egg, applewood bacon, N.Y. sharp cheddar & tomato on toasted whole wheat...7.75 with potatoes or fresh fruit...9.00

BISCUIT BREAKFAST SANDWICH...applewood bacon, Gruyère, tomato, egg & arugula...8.50 with potatoes or fresh fruit...9.75

BISCUITS AND GRAVY...two biscuits topped with toasted walnut & crimini mushroom gravy...10.50 with egg on top...11.50

Grains & Fruits

WAFFLE...7.50 with fresh fruit cup...11.50

ACME CHALLAH ORANGE FRENCH TOAST...7.75 with fresh strawberries...10.25

BUTTERMILK PANCAKES...7.50, short stack...6.00

COMBO...short stack, 1 egg & 2 slices applewood bacon...10.25

above served with 5% maple syrup blend

~ 2 oz. 100% maple syrup add 2.00 ~

OATMEAL...with raisins, walnuts & bananas (available weekdays only till 11:30)...6.95

FRESH BERRIES & BANANAS with yogurt...6.95

MAMA'S GRANOLA...5.50, with berries and bananas...7.95

FRESH SEASONAL FRUIT CUP...5.75

Serving local Petaluma Farm eggs cooked in sweet butter

Omelettes

served with homefried potatoes or grits, fresh fruit & choice of toast**

for lighter fare you may choose just one of the above for \$1.75 less
(egg white omelette...add \$1.50)

N.Y. SHARP CHEDDAR...11.75

CRAB & JACK...19.50

SMOKED SALMON & CREAM CHEESE...15.95

GREEN CHILE, CRIMINI MUSHROOM & JACK...15.25

MARY'S CHICKEN, AVOCADO & JACK..15.50

GUACAMOLE, MARY'S CHICKEN & JACK...15.95

CRIMINI MUSHROOM, TOMATO, GREEN ONION & JACK...15.75

APPLEWOOD BACON & N.Y. SHARP CHEDDAR...14.25

CRIMINI MUSHROOM & N.Y. SHARP CHEDDAR...13.75

PORTABELLO MUSHROOM & GOAT CHEESE...15.25

SPANISH & JACK...13.25

GUACAMOLE & JACK...13.75

HAM, AVOCADO & N.Y. SHARP CHEDDAR...15.50

GREEN CHILE, APPLEWOOD BACON & JACK...15.50

SPINACH, CRIMINI MUSHROOM & JACK...14.75

CRIMINI MUSHROOM, AVOCADO, BACON & JACK...17.50

MARY'S CHICKEN, CRIMINI MUSHROOM & JACK...15.50

CRIMINI MUSHROOM, HAM, GREEN ONION, & JACK...15.75

or start with a plain omelette (10.25) and make your own with:

applewood smoked bacon, Taylor hot link, portobello mushrooms, Jarlsberg

or Gruyere cheese...2.50 • Mary's chicken, Kalamata olive, guacamole,

chorizo...2.25 • avocado, Crimini mushroom...2.00 • spinach, Spanish

sauce, feta, NY sharp cheddar, ham or green chile...1.75 • tomato, black

olives, red bell pepper, jack or cream cheese...1.50 • green onions...0.85 •

Goat cheese...2.75 • smoked salmon...4.75 • crab...8.00

Frittatas

served with homefried potatoes or grits, fresh fruit & choice of toast**

for lighter fare you may choose just one of the above for \$1.75 less

ITALIAN SAUSAGE, ZUCCHINI & PARMESAN ... 14.95

KALAMATA OLIVE, ROASTED RED BELL & GOAT CHEESE ... 16.75

APPLEWOOD BACON, TOMATO & CHEDDAR ... 15.75

PORTOBELLO & CRIMINI MUSHROOM, GREEN ONION & PARMESAN ... 16.25

Omelettes, Frittatas, egg dishes and ground meat may contain food
less than thoroughly cooked (CA code 114 004)

Serving local Petaluma Farm eggs cooked in sweet butter

Eggs

served with homefried potatoes or grits, fresh fruit & choice of toast**

TWO EGGS, any style...9.95

WITH MEAT...12.95

ham, applewood bacon, smoked pork loin, Spam, spicy sausage patty,

chicken apple sausage, Italian sausage, Morning Star veggie links or

Garden burger

Scrambles

served with homefried potatoes or grits, fresh fruit & choice of toast**

LOX, ONIONS & SCRAMBLED EGGS...14.50

CHORIZO, GREEN ONIONS & SCRAMBLED EGGS...11.95

N.Y. SHARP CHEDDAR, GREEN ONIONS & SCRAMBLED EGGS...11.75

GREEN CHILE, N.Y. SHARP CHEDDAR & SCRAMBLED EGGS...11.95

HOT LINKS, RED BELL, SHARP CHEDDAR & SCRAMBLED EGGS...14.95

THREE SCRAMBLED EGG WHITES...10.25

Side Orders

MEATS applewood bacon, smoked pork loin, ham, Spam, spicy sausage patty,

chicken apple sausage or Italian sausage....4.75

SunFed Ranch grass fed burger patty or Mary's chicken breast....6.00

U.S. farmed catfish....7.00

NOT MEATS Morning Star veggie links or Garden burger....4.75

HOMEFRIED POTATOES with sour cream

large...6.75 small...4.95

BLACK BEANS with red onions & sour cream

Bowl...4.75 Cup...2.95

GRITS Bowl...4.75 Cup...2.95

Bowl with N.Y. sharp cheddar...5.95, with ham & cheddar...7.95

MUFFIN or SCONE or PANORAMA or THOMAS' ENGLISH MUFFIN or
RAISIN or GLUTEN FREE...3.75

BISCUIT or TOAST...3.25

EGGS one...3.25 two...4.75

**TOAST... Panorama Bakery whole wheat, rye, white, sourdough, Acme Bakery sour
levain or mama's biscuit add 50¢ for Panorama or
Thomas' English muffin, Mama's daily muffin, scone, raisin or gluten free

~ AVAILABLE WEEKDAYS ONLY ~

LUNCH MENU SERVED AFTER 11:30

Sandwiches & Burgers

Served with choice of potatoes, fruit, or salad

- DAGWOOD...applewood bacon, lettuce, tomato, avocado, Mary's chicken, olives, green chile, crimini mushrooms, jack, N.Y. sharp cheddar, green onion, mayo and a fried egg on grilled white...17.25
- PORTABELLO...portabello mushroom, goat cheese, roasted red bell pepper & spinach on toasted Acme sourdough...11.95
- REUBEN...thin sliced Niman Ranch corned beef with Jarlsburg cheese, sauerkraut & Russian dressing on grilled rye...13.95
- CHICKEN...grilled MARY'S chicken breast, avocado & tomato on toasted Acme ...12.95
- AVOCADO & JARLSBERG...Jarlsberg cheese, tomato & avocado on grilled whole wheat...10.95
- CRAB...sautéed Dungeness and Jonah crab & jack on grilled sourdough...17.50
- TURKEY CLUB...Diestel smoked turkey, applewood bacon, lettuce and tomato, on toasted sourdough...14.50
- B.L.T...three slices applewood bacon, lettuce & tomato on grilled sourdough...11.50
- CATFISH SANDWICH...sautéed U.S. farmed catfish and coleslaw on a potato pepper bun with tarter sauce...15.50
- GRILLED CHEESE...N.Y. cheddar, Gruyère & tomato on Acme...9.50
- CROQUE MONSIEUR...open face ham & Gruyère with dijon on grilled Acme...12.95
- HAMBURGER (1/3 lb. SunFed Ranch grass fed beef) or GARDEN BURGER with lettuce, tomato & red onion...12.50
add crimini mushroom, N Y sharp cheddar, or avocado...2.00
applewood bacon...2.75
- PATTY MELT...grass fed ground beef, N.Y. sharp cheddar & sautéed red onions on grilled rye...13.50
- RANCHERO BURGER...open face grass fed ground beef with spicy Spanish sauce & jack cheese...12.95

Salads & Soups

- CAESAR SALAD...with garlic toast...8.75
with grilled MARY'S chicken breast...11.75
- GREEK SALAD...mixed greens, feta cheese, kalamata & black olives, tomato & red onion...9.75
- SPINACH SALAD...with applewood bacon, poached egg, tomato, Jarlsberg & red onion...10.95
- GRILLED CHICKEN SALAD...mixed greens, grilled MARY'S chicken breast, mushrooms, tomato, capers & red onion...11.95
- MIXED GREEN SALAD...4.75
(Point Reyes Blue Cheese dressing add 1.10)
- HOMEMADE SOUP... cup...4.75 bowl...6.00
- BOWL of SOUP & GREEN SALAD...with Acme levain...10.50

Omelettes, Frittatas, egg dishes and ground meat may contain food less than thoroughly cooked (CA code 114 004)

Beverages

- COFFEE...3.25
- espresso...3.00 cappuccino...3.75
cafe latte...4.75 mocha...4.95
cafe au lait...3.75 steamed milk. . . 2.95
- Torani syrup flavored latte...5.25
vanilla, orgeat, caramel, amaretto, hazelnut
- Caramelo...caramel latte with whipped cream...5.75
(add 75¢ for soy milk or double shot espresso)
(almond milk add 1.00)
- Yerba Mate latte...5.00 Oregon Chai Latte...5.50
- HOT CHOCOLATE...with whipped cream sm...2.50 lg...3.50
- BLACK TEA...Organic Breakfast...3.25
- BLACK BLENDED...Earl Grey, Decaf Earl Gray. . . 3.25
- HERBAL... Simply Mint, Chamomile Citrus. . . 3.25
- GREEN...Mountain Spring Jasmine, Toasted Rice Green Tea...3.25
- YERBA MATE...3.50
- ICED TEA...3.25 Arnold Palmer...4.00
- COKE, DIET COKE...2.50
- MEXICAN COKE, SPRITE...3.00
- ROOT BEER...3.00
- SPARKLING WATER...2.75
- BOYLAN SODAS...blackcherry, cream or ginger ale...3.50
- JUICE
- | | | | |
|-------------------------------------|------------|-------------|-------------|
| apple or V-8 | 5oz...1.50 | 10oz...2.25 | 16oz...3.25 |
| fresh squeezed orange or grapefruit | | | |
| | 5oz...2.50 | 10oz...4.25 | 16oz...6.50 |
| cranberry | 5oz...1.75 | 10oz...2.50 | 16oz...3.50 |
| fresh squeezed lemonade | | 16oz...4.25 | |
- MILK sm...1.50 Med...2.50
- BEER...New Belgium Fat Tire, Sierra Nevada Pale Ale, Pyramid Hefeweizen or Anchor Steam...4.50
Budweiser...3.25
- WINE...Cabernet or Chardonnay...5.75
- CHAMPAGNE...187 ml. bottle. . .10.95
Mimosa for two. . .12.50
750 ml. bottle. . .29.95

Mama's accepts reservations for parties of six or more

Checks & Credit cards are cheerfully not accepted

IF IT'S NOT RIGHT, TELL US AND WE WILL FIX IT

We reserve the right to refuse service to anyone
\$6.50 minimum for table service



**1012 BROADWAY
OAKLAND, CA.**

****** CASH ONLY******